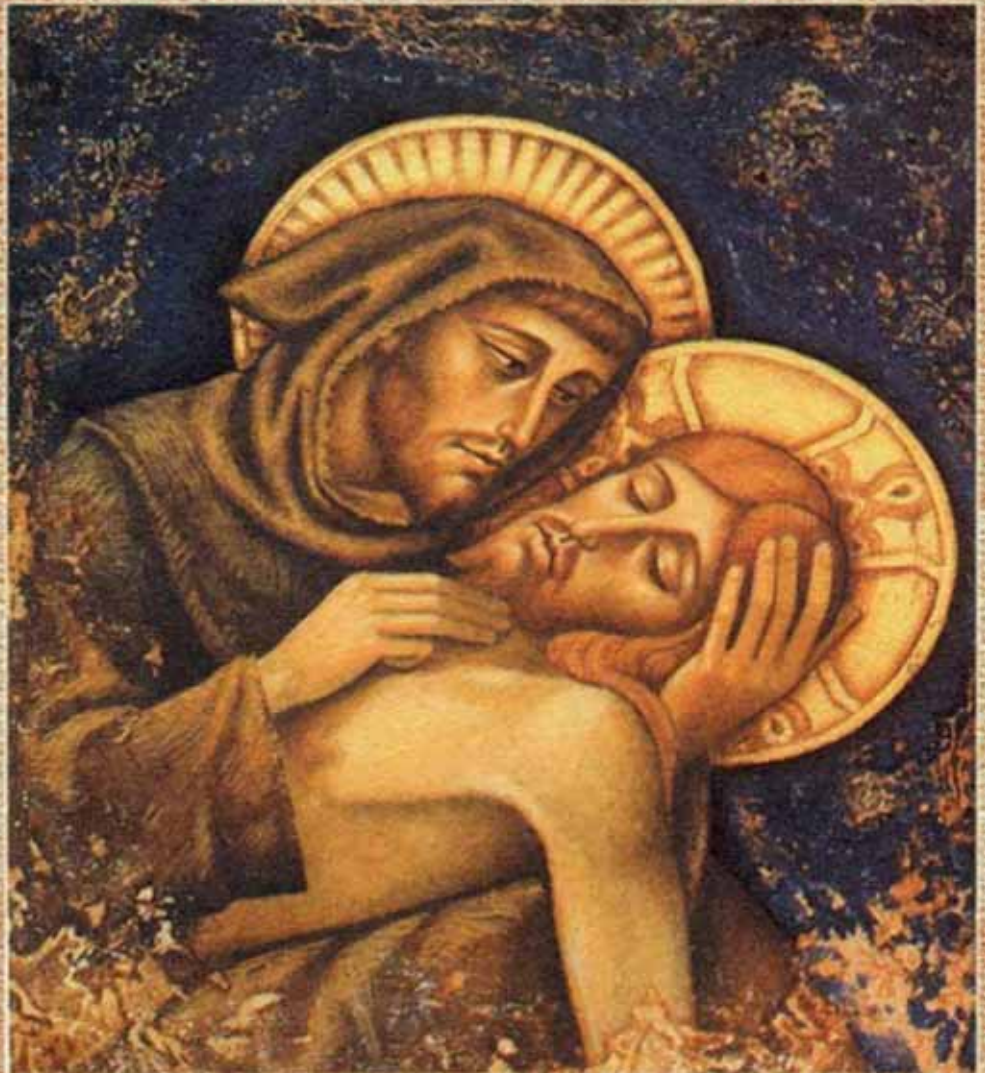


VOL. 71, NO. 3  
MARCH 2011

# THE POWELL

ST. BONAVENTURE SECULAR FRANCISCANS ✦ DETROIT, MICHIGAN



Casentini

**Jesus did not come to love Francis  
because Francis turned his life around.  
Francis turned his life around  
because he came to know  
that Jesus loved him.**

**Lent is not an effort to save ourselves...  
we have been saved by Jesus' one and perfect sacrifice.  
Rather, it is part of our journey, the continuum,  
the falling in love, staying in love,  
growing in love with God.**

Visit our website: <http://www.sfastbonaventure-detroit.org>

# MINISTER'S LETTER

My dear brothers and sisters,

*May God's peace and joy reign in your heart!*

At the Leadership Council meeting on February 19, the Council approved the Fraternity budget for 2011. The Council expressed its appreciation to Gene Snyders for all of his time and hard work in preparing the budget. Thank you, Gene!

At our fraternity gathering on February 20, Br. Pat asked us to look over the ideas we identified during the Appreciative Inquiry process with regard to Dream #1: To increase membership, especially with younger members. Each of us selected the idea that excited or energized us and then we broke into small groups to brainstorm how we could tweak or improve it. Br. Pat did a wonderful job leading us through this process. Thank you, Br. Pat. I felt energized and grateful to all of you for your enthusiastic participation in the process and for your creative ideas.

On March 9, we will observe Ash Wednesday, the beginning of the Lenten season. Lent is a time to experience a conversion of heart. Jesus tells us: "If you wish to come after me, you must deny yourself, take up your cross daily and follow me" (Lk 9:23). We must die to self – letting go of old behaviors, attitudes, actions and replace them with new positive, uplifting behaviors, attitudes and actions that nourish our heart with new life.

In preparation for your Lenten journey, you may want to take some time to sit quietly and ask yourself the question: what do I need to fast from (let go of) and what do I need to feast on (welcome in) in order to become a new creation? After you have done this, create your own fast from/feast on list for your Lenten journey. (Listed below you will find a sample list of things to fast from/feast on during Lent).

<b>FAST FROM</b>		<b>FEAST ON</b>
<b>MATERIAL THINGS</b>		<b>THINGS OF THE SPIRIT</b>
<b>JUDGING OTHERS</b>		<b>THE CHRIST DWELLING IN THEM</b>
<b>NOISE</b>		<b>SILENCE</b>
<b>THOUGHTS OF ILLNESS</b>		<b>THE HEALING POWER OF GOD</b>
<b>DISCONTENT</b>		<b>GRATITUDE</b>
<b>ANGER</b>		<b>PATIENCE</b>
<b>BUSYNESS</b>		<b>STILLNESS</b>
<b>PESSIMISM</b>		<b>OPTIMISM</b>
<b>WORRY</b>		<b>DIVINE ORDER</b>
<b>COMPLAINING</b>		<b>APPRECIATION</b>
<b>NEGATIVES</b>		<b>AFFIRMATIVES</b>
<b>UNRELENTING PRESSURES</b>		<b>UNCEASING PRAYER</b>
<b>BITTERNESS</b>		<b>FORGIVENESS</b>
<b>SELFISH DESIRES</b>		<b>COMPASSION FOR OTHERS</b>
<b>PERSONAL ANXIETY</b>		<b>ETERNAL TRUTH</b>
<b>DISCOURAGEMENTS</b>		<b>HOPE</b>
<b>LETHARGY</b>		<b>ENTHUSIASM</b>
<b>IDLE GOSSIP</b>		<b>PURPOSEFUL SILENCE</b>
<b>PROBLEMS THAT OVERWHELM</b>		<b>PRAYER THAT UNDER GIRDS</b>

*Now* is the acceptable time to let go of past hurts and to be reconciled with God and one another. Now is the acceptable time to return your heart to God who loves you more than you could ever imagine, who desires a deeper relationship with you, and wants you to become a new creation in him.

For God loved *you* so much, that he gave his only Son so that you who believe in him should not perish, but have eternal life. God did not send his Son into the world to condemn it, but to save it” (see Jn 3:16).

Looking forward to seeing you at our Day of Reflection on March 20 at 11:00 a.m. Please bring a bag lunch. There will **NOT** be a Mass on our Day of Reflection. And please, remember to **pray daily for vocations** to the Secular Franciscan Order.

Wishing you a grace-filled Lenten season.

Your sister in St. Francis,  
maryann



## In Memoriam

# Dolores Peckham

SFO Profession..... March 2, 1958  
Born to eternal life ..... February 21, 2011

## From the Friars' Choir

**Act the way you'd like to be  
and soon you'll be the way you act.**

- Leonard Cohen



## 2011 Calendar: March thru April

Mar. 11	10:30 a.m. - 1:00 p.m.	Meldrum Kitchen ministry
Mar. 19	1:30 p.m - 3:00 p.m.	Leadership team meeting
Mar. 20	11:00 a.m.	Fraternity's Day of Reflection
Apr. 8	10:30 a.m. - 1:00 p.m.	Meldrum Kitchen ministry
Apr. 16	1:30 p.m. - 3:00 p.m.	Leadership team meeting
Apr. 17	1:30 p.m.	Jubilarian Celebration <i>without Mass</i> (Prayer service)
Apr. 24		Easter Sunday





**Deceased Members:**

Dolores Peckham († Feb. 21, 2011)

**Deceased Relatives:**

Madeline Abood, sister of Beverly Joseph  
 Al Purchin, husband of Rosemary  
 Barbara Nardi, sister-in-law of Jo Marie

**Members needing prayers:**

Wilhelmina Adkins	Frank Liccardello
Peter Aluzzo	Rose Longo
Kay Balas	Joseph Marra
Gertrude Beattie	Sophie Martin
Evelyn Bishop	Maria McNally
Rocco Cesaro	Mabel Michaels
Clara Falzone	Genevieve Ochenkowski
Wesley Faust	Eleanor Pulido
Marie Fontanive	Rosie Patin
Mary Gillen	Bob Peckham
Natalie Grabowski	Theresa Pfaendtner
James Heymes	Joseph Pierce
Caroline Hojna	Eleanore Pulido
Dora Sue Jay	Mary Saber
Anna May Jezak	Francis Scallion
Donna Marie Johnston	Gene Snyders
Denise Joseph	Alice Vier
Mary Klein	Helen Wardowski
Jerry and Helen Koslowski	Joseph Wisk
Mary Ann Kristensen	Stephen Yuhase
Mary LaBudie	Veronica Yuhase
Les and Josie Lafata	

**Relatives needing prayers:**

Eric Chelmicki, nephew of Sandra Sherman  
 Richard Dulay, brother of Leah  
 Family of Julia Ertzbischoff-Donohue  
 John Gold, husband of Rose  
 Ted and Judy Hojna


Fred LaChance, brother of Donna Marie Johnston  
 Esther Mae Kelly, wife of Charles Manning Family  
 Rosemary Marson, sister of Ralph  
 Melanie McAleer, sister of Alice Vier  
 Marilyn Nichols, daughter of Anthony Brodeur  
 Jean Nozewski, wife of Thomas  
 Teresa Poole, mother of Mary  
 Family of Joanne Schumacher  
 Victoria Snigier, mother of Sylvia  
 Dan Tyrna, grandson of Mary Hebert  
 Chester Wisk, brother of Joe

**Those serving in the Armed Forces:**

Andrew Arcznski  
 Christopher Beattie  
 James Anthony Brannigan  
 Thomas Chmielarczyk  
 Thomas Greenia  
 John Marra III  
 Joseph Marra, Jr.

**Please help to keep our list up-to-date. Call:**

**Jo Marie Nardi at 586-978-2335**



**Nylah**  
 2 years old  
 Wilms tumor

When her mother noticed the left side of little Nylah's stomach felt hard, she took her to the local children's hospital. Tests revealed the baby had a cancerous tumor on her left kidney. They immediately sent the family to St. Jude Children's Research Hospital. At St. Jude, treatment included six rounds of radiation and surgery, followed by chemotherapy. Nylah responded well to treatment, and she'll return to St. Jude for close monitoring. Nylah's mother is grateful for the care and attention St. Jude staff provides not just to Nylah, but to her, as well. "Everyone was so patient," she said. "They took their time to teach me the things I need to do for Nylah, to make sure I was comfortable." "St. Jude is a blessing," her mother said. "The doctors and nurses are behind you 100 percent. St. Jude really feels like home."



# Celebrating Sheryl Nordstrom



Sheryl was born on September 24, 1957 to Ann and Raymond Verbick (both deceased) at New Grace Hospital in Detroit. Sheryl is the oldest of five children (V Raymond, Laura, Barbara and Robert).

Sheryl attended St. Genevieve Elementary School, Riley Junior High, and Bentley High School. She also attended Schoolcraft College, MDTA School of Practical Nursing (through Detroit schools), and most recently, the Institute for Ministry at Sacred Heart Major Seminary, and additional classes at Schoolcraft.

Since graduating from Nursing school in 1977, Sheryl has been employed at Botsford Hospital. Currently, she works on a medical surgical/respiratory unit. Since the birth of her son Andrew in 1991, Sheryl has worked part time at the hospital.

In 1983, Sheryl met Bill Nordstrom, when he moved into the house next door with his parents. In September 1985, they were married at St. Genevieve Church, and in 2010, celebrated their 25<sup>th</sup> wedding anniversary. Bill and Sheryl were blessed with one son, Andrew, who is now 20 years old.

In 1998, Sheryl's life began changing. She experienced a conversion and found herself reading various spiritual books, attending talks on spirituality and daily Mass. She wanted to learn more, to know more about God, and desired to have a personal relationship with Jesus that she had heard so many people talk about through the years. One day, her son, Andy, came to her and randomly said, "Mom, don't you think St. Francis is a cool saint?" About the same time, Sheryl and a friend were discussing faith matters and concerns, and he told her about the third orders. He said to her, "It sounds like that might be what you are looking for." The next day she saw an ad about the Third Order Secular Franciscans meeting at St. Bonaventure and called the number. Sheryl was professed into the Secular Franciscan Order in November 2001 at St. Bonaventure's.

While in the SFO Formation Program, Sheryl served as a catechist at St. Genevieve in 2000. She also began taking classes at Sacred Heart Major Seminary. She always worked with junior high students and, when the opportunity came to take a position as a Junior High Director of Religious Studies, she began working at her parish. She currently serves as the Director of Religious Education (part time) for the K-8 Program. Sheryl considers it a blessing to have the opportunity to work with both patients and students (body and soul).

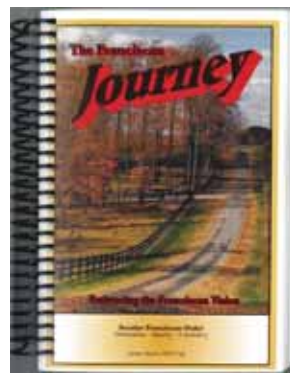
Because of work and family commitments, Sheryl has found it difficult to be as active in the fraternity as she would like to be. During the past year and a half, she has been able to attend fraternity gatherings more frequently and has been blessed with the opportunity to help at the Meldrum Soup Kitchen several times. Sheryl gives thanks to God for all of her Franciscan brothers and sisters!

*We love you, Sheryl!*



- 2 ..... Barbara Sokol
- 6 ..... Ilene Manning
- 7 ..... Patricia Cardello
- 11 ..... Laura Sapien
- 27 ..... Maryann Kummer
- 31 ..... Charlotte Heymes

## The Franciscan Journey



There's a new book entitled, "*The Franciscan Journey*" by Capuchin **Lester Bach**. It comes highly recommended by Mary Hebert and many other SFOs because of its content and references to scripture, the documents of Vatican II, the Catechism of the Catholic Church and various encyclicals. The book costs \$18 (+ p/h), and can be ordered through **Bev Sapien**.



# MARCH 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6 ORD. IX Pss Wk 1	7	8 St. Joan of Arc: 1 PM	9 ASH WEDNESDAY	10	11 MELDRUM KITCHEN 10:30 AM - 1:00 PM  Solanus Cell ?	12
13 LENT I Pss Wk 1 Daylight Savings Time  (1 Hr forward)	14	15	16	17 	18	19 Council Meeting at 1:30 PM
20 LENT II Pss Wk 2 FRATERNITY DAY OF REFLECTION Everyone: 11:00am Spring begins	21	22	23	24	25 Bl. Luchesio: 7:30 PM	26
27 LENT III Pss Wk 3	28	29	30	31		

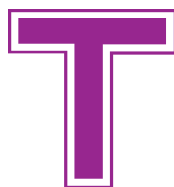
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Pray for Vocations  
Daily

## FAX ET PHONUM

### Minister

Maryann Kummer

### Vice Minister

Teresa Westbrook-Lienert

### Treasurer pro tem

Eugene Snyders

### Secretary

Patricia Meldrum

### Initial Formation

John Bodell

### Councillors-at-Large:

Stephen Haycox

Tony Lienert

Beverly Sapien

Chuck Sapien

### Spiritual Assistant:

Br. Patrick McSherry ..... (313) 579-2100, x. 141

### APPOINTMENTS

#### Infirmarians:

Jo Marie Nardi

Sylvia Stanik

#### Continuing Formation Commission:

Chuck & Bev Sapien (chairs)5

#### Christian Service Commission:

(call for information) ..... (313) 579-2100, ext 141

#### Hospitality Commission:

Teresa Westbrook-Lienert

& Tony Lienert (chairs)

#### Vocations Ministry Commission:

To be announced (chair)

#### Eucharistic Mission Band (EMB):

To be announced

### MAKING FRATERNITY HAPPEN

The entire St. Bonaventure Secular Franciscan Fraternity gathers on the Third Sunday of every month. For more information, contact:

Chuck & Bev Sapien

In addition to our monthly Fraternity gathering, some members also gather in small groups:

#### Fr. Solanus Cell (2<sup>nd</sup> Friday, 7:30 pm):

Mary Ann and Hugh Montpetit

#### St. Joan of Arc Satellite (2<sup>nd</sup> Tuesday, 1 pm):

Frank Liccardello

#### Bl. Luchesio Cell (4<sup>th</sup> Friday, 7:30 pm):

Connie Musial

### FRATERNITY MINISTRY OUTREACH:

Meldrum Soup Kitchen

Usually on the 2<sup>nd</sup> Friday of each month.

&

Healing Service Social

(call for information) .... (313) 579-2100, ext 141

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Deadline for articles and news items is 3:30 PM  
on the Third Sunday of each month.



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